

# Sodium Citrate 0.3M Oral Solution

sodium citrate

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, or pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

The full name of this medicine is Sodium Citrate 0.3M Oral Solution, but it is referred to as Sodium Citrate Solution within this leaflet.

## What is in this leaflet

1. What Sodium Citrate Solution is and what it is used for
2. What you need to know before you take Sodium Citrate Solution
3. How to take Sodium Citrate Solution
4. Possible side effects
5. How to store Sodium Citrate Solution
6. Contents of the pack and other information

## 1. What Sodium Citrate Solution is and what it is used for

Sodium Citrate Solution is used as an antacid prior to anaesthesia for caesarean section.

## 2. What you need to know before you take Sodium Citrate Solution

### Do not take Sodium Citrate Solution:

- if you are allergic to sodium citrate or any of the other ingredients of this medicine (listed in section 6).
- if you have metabolic or respiratory alkalosis, hypocalcaemia (abnormally low levels of calcium in the blood), or hypochlorhydria (deficiency of acid in the stomach).

Sodium Citrate Solution is licensed for use by adults.

Tell your doctor or nurse if:

- You suffer from aldosteronism, heart problems, kidney problems, high blood pressure or excessive accumulation of fluid in the body tissues (oedema).

### Other medicines and Sodium Citrate Solution:

Tell your doctor or nurse if:

- You are taking other medication, in case this may be affected. Antacid treatments such as Sodium Citrate may affect the absorption or elimination of other medicines you may be taking.

**Sodium Citrate Solution contains glycerol.** May cause headache, stomach upset and diarrhea.

**Sodium Citrate Solution contains 621 mg sodium** (main component of cooking/table salt) in each 30 ml bottle. This is equivalent to 31% of the recommended maximum daily dietary intake of sodium for an adult.

Talk to your doctor or nurse if you have been advised to follow a low salt (sodium diet).

### 3. How to take Sodium Citrate Solution:

Your doctor or nurse will give you a whole container of Sodium Citrate Solution for you to drink.

#### **If you take more Sodium Citrate Solution than you should:**

The main effects of overdose of sodium citrate are those of sodium overload. You will need special care until the levels of sodium can be brought down.

### 4. Possible side effects

There are normally no side effects if Sodium Citrate Solution is given as directed.

If you get any side effects, talk to your doctor or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

### 5. How to store Sodium Citrate Solution:

Keep this medicine out of the sight and reach of children.

Do not use Sodium Citrate Solution after the expiry date which is stated on the label. Your doctor or nurse will check this for you.

Do not store above 25°C

Store in the original bottle in order to protect from light. Keep the bottle tightly closed.

For single use only. Discard any remaining solution.

### 6. Contents of the pack and other information

#### **What Sodium Citrate Solution contains**

The active ingredient is sodium citrate

Each bottle contains 2.647g of sodium citrate.

The other ingredients are purified water and glycerol.

#### **What Sodium Citrate Solution looks like and contents of the pack**

Sodium Citrate Solution is a clear liquid in 30ml bottles.

#### **Marketing Authorisation Holder and Manufacturer**

##### **Marketing Authorisation Holder**

Northumbria Pharma Ltd.

Thomas Wright Way,

Sedgefield

County Durham

TS21 3FD

United Kingdom

##### **Manufacturer**

Calderdale and Huddersfield NHS Foundation Trust

Gate 2 Acre Mill

School Street West

Huddersfield

HD3 3ET

United Kingdom

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